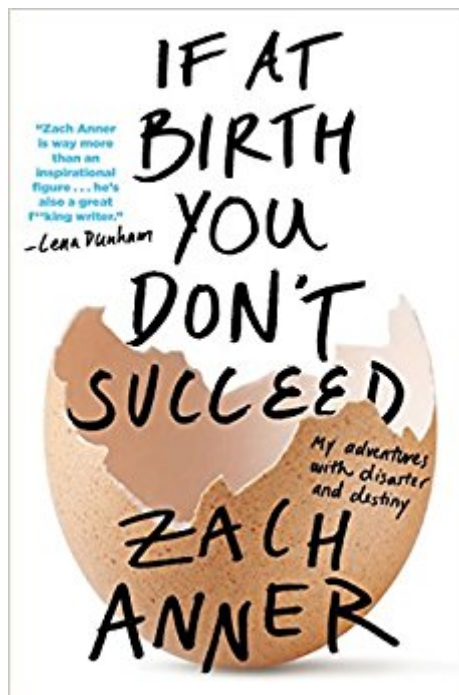




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# If At Birth You Don't Succeed: My Adventures With Disaster And Destiny



## Synopsis

“Hilarious and inspiring, Anner has made a life filled with fans, love, and Internet fame—reminding us that disability is no match for dreams. People (Book of the Week) “Zach Anner is way more than an inspirational figure for anyone who has ever felt differently: he’s also a great f\*\*king writer. Lena Dunham

Comedian Zach Anner opens his frank and devilishly funny book, *If at Birth You Don’t Succeed*, with an admission: he botched his own birth. Two months early, underweight and under-prepared for life, he entered the world with cerebral palsy and an uncertain future. So how did this hairless mole-rat of a boy blossom into a viral internet sensation who’s hosted two travel shows, impressed Oprah, driven the Mars Rover, and inspired a John Mayer song? (It wasn’t “Your Body is a Wonderland.”) Zach lives by the mantra: when life gives you wheelchair, make lemonade. Whether recounting a valiant childhood attempt to woo Cindy Crawford, encounters with zealous faith healers, or the time he crapped his pants mere feet from Dr. Phil, Zach shares his fumbles with unflinching honesty and characteristic charm. By his thirtieth birthday, Zach had grown into an adult with a career in entertainment, millions of fans, a loving family, and friends who would literally carry him up mountains. *If at Birth You Don’t Succeed* is a hilariously irreverent and heartfelt memoir about finding your passion and your path even when it’s paved with epic misadventure. This is the unlikely but not unlucky story of a man who couldn’t safely open a bag of Skittles, but still became a fitness guru with fans around the world. You’ll laugh, you’ll cry, you’ll fall in love with the Olive Garden all over again, and learn why cerebral palsy is, definitively, “the sexiest of the palsies.”

## Book Information

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## Customer Reviews

Praise for Zach Anner – “Cerebral palsy couldn’t stop Anner from becoming a celeb, traveling the world, and Friending Oprah (for starters).” – *Cosmopolitan* – “Zach makes you want to be a better person, with his humor and his heart and everything he’s had to deal with from the time he was born. I’ve never met anyone like him, and I’ve met a lot of people.” – *Oprah Winfrey* – “A laugh-a-minute read.” | *If At Birth You Don’t Succeed* recounts his journey from being what he calls a “crappy baby” [with cerebral palsy to] the host of his own travel show and an improbable workout guru. If there was ever a book that showed the importance of laughing at yourself, this is probably it.” – *MentalFloss* (#1 A Best New Book for Spring) – “Zach Anner is a truly inspiring and hysterical human being with a warped sense of humor (and body). He’s also an exceptional writer and his memoir is an absolute joy.” – *Rainn Wilson* – “I love Zach Anner and I love his memoir. If everyone were a little more like Zach, the world may not be a better place, but it would be a funnier place, which is a great step forward.” – *Reddit Co-founder Alexis Ohanian* – “I think I speak for everybody when I say...I want to see more of Zach.” – *John Mayer* – “Comedian Zach Anner takes readers on his wild wheelchair ride through 30 years of dealing with cerebral palsy – the sexiest of the palsies, as he likes to say. He rides a Mars Rover, wins an Oprah contest to create his own travel series and discovers he’s not only datable but desirable too. Hilarious and inspiring, Anner has made a life filled with fans, love, and Internet fame – reminding us that disability is no match for dreams.” – *People* (Book of the Week) – “Zach Anner is way more than an inspirational figure for anyone who has ever felt impossibly different: he’s also a great f\*\*king writer. Wise and funny, with unfailing insight into the booby trap known as the human mind, you will hang on every word as you watch him turn his considerable intellectual gifts into a life worth envying. I like that this book has no genre, and neither does this special man.” – *Lena Dunham* – “A characteristically hilarious and candid book about growing up with cerebral palsy, winning a reality TV contest with Oprah’s OWN channel and becoming an unlikely-yet-inspiring fitness guru and YouTube celebrity with more than 10 million views.” – *What’s Trending* – “Zach Anner is the living definition of giving better than he’s gotten. Life dealt him a difficult hand but he managed to beat the house with humor, heart, and a fearless punk attitude. Required reading.” – *Patton Oswalt* – “Wonderful. . . Anner’s comedy is the peppy, uplifting sort you’d expect from someone who Oprah says

“makes [her] want to be a better person,” such as his elaborate Olive Garden metaphors for the nature of life. . . . Anner remarks wryly that being expected to act as an ambassador for the disabled “is a tightrope walk, which is hard on four wheels.” Maybe so, but with this book, he makes it look easy.

“Funny, empowering”  
“An inspirational memoir with a seasoned, infectious sense of humor”  
“[Anner’s book chronicles] his three decades of life (so far) with cerebral palsy, a permanent condition that hasn’t prevented him from living his dream as a comic, a media sensation, and a motivational speaker.”  
“Forget the travel show, Oprah. Give him a sitcom.”  
“Our favorite lovable, optimistic, and absolutely hilarious YouTube star in a wheelchair.”  
“He’s a unique, creative kid with a smart, edgy sense of humor.”  
“Meet Zach Anner...He’s handsome, smart, and funny [and] has won...legions of online fans.”  
Tara Parker-Pope, The New York Times  
“Zach Anner... Internet folk hero.”  
Vulture, New York Magazine

Zach Anner is an award-winning comedian, show host, and public speaker. In 2011, he won his own travel show on the Oprah Winfrey Network, *Rollin’ With Zach*. He also hosted the Web series *Have A Little Faith for Rainn Wilson*, his media company *SoulPancake*, and *Riding Shotgun* and *Workout Wednesdays* on his YouTube channel, which has over twelve million hits. Zach lives in Buffalo, New York, and Austin, Texas, and spends most of his spare time in his underwear, thinking about how he can change the world.

This book will not only make you appreciate every time you run to the bathroom - and make it; it will also help remove the chair from the image of Zach Anner. When I first met him, I met someone that was larger than life and instantly felt like I could be my true self around him. He managed to bottle up his humor - and irritable bowels - and deliver it in this awesomely titled book. I highly recommend this fun and inspiring read!

An emotional roller coaster (sometimes quite literally), that is at times hysterical and at other times emotional but always brutally honest. It provides insight to not only his life but of how people react to his disability. It is a story of extraordinary friendship mixed with an anything is possible attitude.

If at Birth You Don't Succeed: My Adventures with Disaster and Destiny by Zach Anner is a funny, emotional, witty, inspiring book filled with unflinchingly honest wisdom. He covers his life's endeavors, internet sensations, Oprah TV series, his friendships, his family, his daily life, school, random thoughts, and more. I did a lot of soul searching and I did a lot of laughing while reading this book. Warning, have a empty bladder, giggles can happen at unexpected times! Loved this book! Fabulous writer, he knows how to be witty and touch your very soul at the same time. Great heart, great reading, wonderful!

Zach is an amazing person and his story is truly inspiring. I started watching him on YouTube and have really enjoyed his sense of humor. Great Book!

I first saw Zach Anner on one of those awful clip shows that you just leave on when you doing actually want to watch TV; it had a portion of one of his Workout Wednesdays (lo lo Lohan) and that was by far the funniest thing on the show, so I did some googling. I'm glad I did, Zach's sense of humor is great, but if you're looking to buy this book you probably already know that. The book was definitely engaging and funny. I reread some parts in the way Zach delivers his lines on YouTube and got a second laugh out of them. I also know that if I ever find myself on a strange floor after defiling myself, that I won't give up hope.

I just opened this book today and I don't want to put it down. Every paragraph has me smiling and cracking up. Especially since I'm reading it to myself in his voice

I have enjoyed following the many adventures of Zach Anner over the years. I felt like I knew a lot about Zach because he is fairly open and forthcoming in all that he does re: his videos, but I definitely learned some engaging background and insights about him in this book. It was a thoroughly enjoyable read and of course funny at most every turn of the page.

I found Zach Anner on YouTube one night at work by a freak accident, four hours later my coworkers couldn't figure out why i was having a laughing fit in my office. So when he shamelessly plugged his book on one of his videos I rushed over to to pre order it. This book is very well written and will have you laughing and crying to the last page. I picked it up after work on day and didn't put it down until it was done. If you are looking for a very deep, and yet extremely funny read, then look no further! Thank you Zach for writing this book!

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